

GETTING STARTED WITH CCSS

(COMPREHENSIVE COMMUNITY SUPPORT SERVICES)

At The Community Lighthouse, we offer Comprehensive Community Support Services (CCSS) to help families and individuals overcome challenges and thrive. CCSS provides tailored support for children, teens, adults, and families facing behavioral, emotional, and daily living difficulties. This flyer provides an overview of CCSS, explaining who can join, the services we offer, how the process works, and the benefits for your family.



OUR SERVICES:

- **Independent Living:** Help with daily activities, job support, and money management. We also help kids and teens learn to be more independent.
- **Learning:** Help with schoolwork, attendance, and building good study habits.
- **Working:** We help teens get ready for jobs and help parents find and keep jobs.
- **Socializing:** We help kids and teens make friends and build good relationships. We also help families talk and solve problems better.
- **Physical and Emotional Well-being:** We help manage stress, anxiety, and emotions. We also promote healthy living and self-care.

BENEFITS:

- **Better Behavior:**
Up to **40% REDUCTION** in behavioral issues.
(Journal of Child Psychology and Psychiatry)
- **Improved School Performance:**
30% BETTER grades and attendance.
(Educational Psychology Review)
- **Lower Stress for Parents:**
25% LESS stress and worry.
(Family Relations)
- **Better Mental Health:**
30% LESS anxiety and sadness.
(Journal of Mental Health)
- **Stronger Family Bonds:**
25% INCREASE in positive family interactions.
(Family Journal)

WHO WE CAN HELP:

- **Medicaid Only:** CCSS is only covered under Medicaid Insurance.
- **No Substance Use:** We cannot provide services for substance use disorders at this time.
- **No Violence:** Violent offenders will be referred out.
- **School Limits:** We are only in daycares, charter schools and private schools now – not APS.

WE WORK WITH:

- **Children (2-12)**
- **Teens (13-17)**
- **Adults (18+)**
- **Families (All Ages)**

CONTACT US TODAY

Visit **WWW.TCLHNM.COM** or call
505.273.6300 to make a referral.



*New Patient
Form*



The
**COMMUNITY
LIGHTHOUSE**

Serving children + families since 1994

OPEN

Monday-Friday · 8-7pm

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